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Family Day Homes**
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**Southgate Medallion
Family Day Homes**
Excellence in Child Care & Early Learning

For the Parents



Volume 1, Issue 1

January/February 2018

Parent Surveys and Tax Receipts

In February consultants will be dropping off the annual parent surveys at the day homes for family's to complete. The agency looks forward to receiving your feedback on our day homes and the agency.

Consultants will also be dropping off tax receipts for all family's who had children in care during 2017.

**Agency Office will
be closed:
New Years Day
January 1, 2018
Family Day
February 19, 2018**

Please inform your consultant of any changes to your schedule 5 business days prior to the end of the month so we can ensure the correct fee amount is withdrawn.

Southgate Medallion Facebook Page

Did you know that our agency has a Facebook page? Like us and follow our page to get fun activity ideas, hear about upcoming community events around Edmonton & area and to see which provider's have child care spaces available.

<https://www.facebook.com/southgatemedallion/>

**When terminating
child care you are
required to give
your provider and
the agency two
weeks written
notice.**

Daily Absence

Please make a courtesy call to your day home provider to inform her of your child's absence on a daily basis while your child is ill or just staying home for the day.

Alberta Child Care
Subsidy Office is
open until 8 pm

Edmonton Alberta Support Services

If you are looking for support with subsidy, the following locations can assist you in person:

Edmonton Central—City Centre Alberta Supports Centre 10242—105 Street

Edmonton North—Northgate Alberta Supports Centre 2050 Northgate Centre at 9499-137 Avenue

Edmonton South—Argyll Alberta Supports Centre 6325 Gateway Boulevard NW

Edmonton West—120 Meadowlark Shopping Centre 15710—87 Avenue

Click [here](#) to view our website.

Click [here](#) to view our Facebook page.

Early Brain Development

Your child's brain experiences a huge period of development during the first three years. The development of the brain is influenced by a variety of factors including relationships, experiences and environment. As parents you play a huge role in supporting your child's healthy brain development. So what can you do to help them?



How to Support your Child's Learning:

- As your infants/toddlers start to talk and make sounds, have a conversation with them and repeat those words and sounds back to them.
- Read, sing and tell stories to your children. This introduces them to new words and sounds and helps them to learn and understand their meaning.
- Follow the interests expressed by your child. Children are much more likely to learn when they are doing activities that are interesting and exciting to them!
- As you play with your children, ask them open-ended questions. This means questions that can't just be answered with a quick yes or no. For example, "What are you building with those blocks?" "What other materials can we use for this project?"
- Help your children to understand their feelings by naming them and let them know that it is okay to have those feelings. For example, "You are really mad because we have to go home now."
- Let your children make age appropriate choices. Limit their options and be sure that you are okay with whichever choice they could make. "Would you like to have carrots or cucumbers with supper?"
- Encourage your children to solve problems. Support them in working through steps to come up with their own solutions, rather than totally solving the problem for them.

References: Zero to Three (2010). *Everyday ways to support your baby's and toddler's early learning*. Retrieved from <https://www.zerotothree.org/resources/265-everyday-ways-to-support-your-baby-s-and-toddler-s-early-learning>

Physical Activity Idea

Grab Bag Exploration

Age: Toddler, Preschool

Equipment: Bag with a variety of objects

Activity: Fill a bag with a variety of different objects that move in different ways. This could include animals and vehicles. Children take turns pulling an object out of the bag and moving like that object while on the spot. If you have the space the children can move around the room like the object they pulled.

Skill Development: movement skills; coordination; fine motor skills; spatial awareness; creative play; self-discovery; critical thinking; listening and following instructions



Reference: Grab bag exploration. (n.d.). Retrieved from <http://haveaballtogether.ca/grab-bag-exploration/>