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**Southgate Medallion
Family Day Homes**
Excellence in Child Care & Early Learning

For the Parents

Volume 1, Issue 5 Southgate Medallion Tribute Sept / Oct 2018

Welcoming Asha Thomas to Southgate Medallion Team!

Asha has worked in the child care industry for over a decade in daycares, special needs programs and as a preschool teacher, which earned an Award of Excellence from the Government of Alberta. She received an Early Learning and Child Care Diploma from MacEwan University in 2010. She also has her wellness training for yoga and mindfulness.

Asha is looking forward to collaborating with the team, providers, parents and children at Southgate Medallion Family Day Homes. Quality programming and care is crucial for young children in order to create meaningful and rich experiences. She aspires to be a mentor and support for colleagues, providers and the families.

Welcome Asha!

**Agency Office will
be closed:
Labour Day
September 3
Thanksgiving
October 8**

Please inform your consultant of any changes to your schedule 5 business days prior to the end of the month so we can ensure the correct fee amount is withdrawn.

**When terminating
child care you are
required to give
your provider and
the agency two
weeks written
notice.**

Alberta Child Care
Subsidy Office is
open until 8 pm

Click [here](#) to view our website.

Click [here](#) to view our Facebook page.

Get Outdoors in the Early Years workshop

A free workshop for parents and early childhood educators

Children are more physically active, the natural world enters through all the senses, community connections are made and natural curiosity is sparked! During this session we will examine the benefits of outdoor play to child development and learning, consider elements of engaging play spaces and directly experience outdoor play. Come ready to be outside.

Register by calling 780-416-6730

When: Wednesday October 3rd 6:30—8:30 pm.

Where: Festival Place, Sherwood Park

About the presenter: Christina Pickles leads the Get Outside and Play Early Childhood Program in Alberta, working to ensure all children have access to quality engaging spaces and experiences in the early years.

Tips for smooth transition in the day home

Getting into a new routine can be a big change for both the child and the parent. It is important to plan for this change. Below are some tips that can help in making this transition smooth:

- Young children may require to ease into a new routine and new environment. Plan to leave your child in the day home for a few hours a day for first few days.
- Plan on spending an extra time with your child in the morning before going to the day home. Rushing your child through breakfast, dressing etc. may cause more delays.
- It is suggested that parent takes time for the child to adjust but some be prepared to leave after few minutes even if the child cries. Most children stop crying seconds after the parent leaves. The parent may phone after reaching work to reassure themselves for the first few days.
- Set the routine by helping your child remove coat, shoes etc. and put away as well as put them on at the end of the day.
- Pick up time can be a challenge sometimes. If the child does not want to leave decide with the caregiver who is in charge– the parent or the caregiver. The critical thing is to make the decision and make that decision clear to the child.
- Keep your day home provider informed of any changes coming in the child's life so that she can provide the support needed.

Language Development in Children –Part 2

Children learn language from the day they are born. Your 1 year old has learned to talk by making lots of sounds and babbling. You as a parent play a very important role in child's language development.

Tips for creating language rich environment for 1 year old child:

- Use simple and short sentences, like “bring your coat” or “roll the ball”
- It will be easy for your child to learn words if you use them over and over
- Respond to your child when she says a word or makes a sound by repeating the word
- Add a new word to what your child says such as if the child says “water” you can say “drink water”
- Read the same book over and over
- While looking at books let your child flip the pages, talk about pictures in the book.

